

Swimming Trials



Koondrook Primary School respectfully acknowledges the traditional custodians of the land on which we stand. We pay respects to the Barapa Barapa Elders past, present and future.

Koondrook Primary School

KPS: Respect, Responsibility, Resilience

February 15th, 2023

Issue no: 2

Principal's Report

Billy Tea Bush Band

We are hoping all the school community will put on their dancing shoes and join us on Thursday night for a picnic tea and Bush Dance from 6:00pm - 7:30pm. Families can bring a picnic tea and eat from 6pm – 6:30pm. The dancing will be from 6:30pm – 7:30pm.

The band will be working with the children on Thursday, teaching them some dances. Just a reminder that there is a \$10 charge for the students for this incursion. Thank you to everyone who has already sent in the payment in a green envelope or have paid it online.

Swimming

We will be swimming on Friday 17th February and we will also be making up a swimming day on Wednesday 22nd February. Please make sure children have their bathers, t-shirt/rashie, towel and sunscreen.

Zone Swimming

Yesterday we had eleven students compete in the Kerang District Schools Zone Swimming Trials. Tommy B, Charlie T, Breeze, Gus R, Zavier, Adeline, Zander and Frida have made it through to the Mallee Zone Trials. Well done everyone! A great effort from all the students. The Mallee Zone Swimming Trials are to be held in Swan Hill on Monday 20th February. Thank you to the parents who helped with the transport of students, the taking of photos and supporting them during the day.

Prep Speech Screening

On Tuesday 28th February the speech Pathologist from the Swan Hill School Support Office will be attending Koondrook to conduct Prep Screening. Please make sure you have returned permission notes.

Dates to Remember

Term Dates 2023

Term 1 ~ January 30th – April 6th

Term 2 ~ April 24th – June 23rd

Term 3 ~ July 10th – September 15th

Term 4 ~ October 2nd – December 20th

Public Holidays

March 13th – Labour Day

April 25th – ANZAC Day

June 12th – King's Birthday

November 7th – Melbourne Cup

School Dates to Remember

February 16th – Billy Tea Bush Dance

February 17th – Swimming

February 20th – School Council Meeting

February 22nd - Swimming

February 24th – Cluster Swimming Sports

March 15th ~ 17th – NAPLAN Yrs. 3 & 5

Assemblies

March 3rd – Yr. 1/2 providing the Item

March 17th – Yr. 4/5 providing the Item

March 31st – Yr. 2/3 providing the Item

School Council

The next School Council Meeting will be held on Monday 20th February at 7:30pm in the Year 4/5 classroom.

Murray Plains Cluster Swimming Sports

On Friday 24th February we are having our annual Cluster Swimming Sports with Gunbower, Murrabit and Leitchville Primary Schools. This is an all-day event starting at 9:45am and finishing around 2.30pm. We will be setting up at 7:30am and we would really appreciate any help. We have organised a bus to take the students to the pool. At the end of the day students may go home with their parents once the teachers have signed them out. It is a very social day and a great opportunity to meet our new families. Students need to make sure they have bathers, towel, t-shirt/rashie, sun screen, water, snacks and lunch. We will take their school hats. It is compulsory that all students wear a t-shirt/rashie when they are not swimming in a race. The kiosk will **not** be open. We will need parents to help with judging, please see Leigh or Amanda if you are able to help out.

Thank You

Thank You Jess and Nigel McNeil for removing the large logs in front of the new Preschool for firewood.

Help Required

We would like help with putting some metal shelving together and then to Dynabolt them to the brick wall outside. These will be used to store the sports equipment. If anyone can help us please contact Amanda.

Bus Travellers

Children who travel on the bus to and/or from school need to bring a note for their teacher if they are not going to be on the bus or are going home with friends. It is **essential** that we know how, or where, your children are going home. Time is wasted looking for children who are not on the bus when we haven't been informed. If it's a last-minute decision, could parents/carers please wait for your children at the bus stop so they can be marked off the roll accordingly. Your cooperation in this matter will be greatly appreciated. Thank you to the families who already do this.

Assembly

The next Assembly will be held on Friday 3rd March at 3:00pm. After our last Assembly we had people say that they didn't know it was on. It was advertised on the newsletter, which is posted on our Koondrook Primary School Facebook page, it is also uploaded to our website: koondrookps.vic.edu.au and, it is emailed to families unless they prefer a paper copy. There was also a reminder put on Facebook. We send out our Newsletter fortnightly. If you would really prefer a paper copy please let Amanda know via text message or note.

Working with Children Checks

There are often activities and excursions where we rely on parent help. As you are aware, in order to help out with any activities, all volunteers must have a current Working with Children Check. It is free to get one and you can apply online or go to the Post Office and apply there. They do take several weeks to process, so now is the perfect time to get one if you would like to help out this year. If you are unsure how to go about it please make time to see Amanda for help.





New Wellbeing Counsellor

Hi I'm Rianna!

I'm excited to be able to support the Koondrook Primary School community as the Wellbeing Counsellor, two days per week, on a Tuesday and Wednesday.

I'm looking forward to supporting students, parents and staff members in promoting safe and resilient kids, with a therapeutic approach. This includes providing support and education around mental health issues such as anxiety, what it is and how to manage it.

A bit about my background: I'm a qualified Counsellor. I've been empowering and supporting children and families for over 10 years in the community sector, in a number of different roles.

If you would like to have a chat about how we can best support your child's needs, please don't hesitate to contact me by phoning the school.



School Councillors

I would like to thank the current members of School Council for their contribution to Koondrook Primary School. Each year half of the School Council need to reapply. This year Sarah Turvey, Michael Reid and Steve Ralston are completing their term. We have 3 parent vacancies for a 2-year term. We will be looking for current members to renominate or other members of the school community to nominate for School Council. Parents on school councils provide important viewpoints and have valuable skills that can help shape the direction of the school. Those parents who become active on a school council find their involvement satisfying in itself and may also find that their children feel a greater sense of belonging. If you would be interested in being part of our School Council please see Amanda for further information.



School Contributions in 2023

School Council have decided to keep Parent Payments for 2023 at \$160 per student. Many schools have introduced book lists that parents need to supply as well as subject contributions and 1 to 1 learning devices such as iPads/computers. It has been many years since we have raised the amount we ask parents to pay.

A copy of the 2023 Parent payment policy will be placed on the website. We hope that parents will make this contribution and we won't need to change the way we provide resources for our students. Thank you to the families who have already made the contribution.



KPS Local Excursion Consent Forms

Today the Local Excursion Consent Forms (yellow) have been sent home with students. Could these be filled out and returned to school please. They are for consent to take the students on local excursions only, like to Apex Park or the Cricket Oval etc.

Celebrate Moulamein OPEN AIR FAMILY MOVIE NIGHT

FREE
EVENT



MOVIE
SCREENING
AT 8PM

MOVIE: *Around the World in 80 Days* (PG) 82 minutes
Friday 17th February 2023 at Moulamein Recreation Reserve

Support the Moulamein Preschool by purchasing movie refreshments that will be available on the night from hot dogs, fairy floss, chips, popcorn, lollies, icy poles to cold drinks. There is something for everyone!

BYO picnic rugs, blankets, bean bags or chairs along. We politely ask if you could please respect the NO glass policy on oval – thank you

CONTACT: Hannah McCullagh on 0472 904 724 for more information

FREE
COMMUNITY
EVENT

CELEBRATION OF MOULAMEIN

17 & 18 FEBRUARY 2023

JOIN US FOR A WEEKEND OF FUN!

Friday 17, February 2023

7PM - 10.30PM

FREE Family Cinema Night @ Moulamein Recreation Reserve

Saturday, 18 February 2023

7am

FREE Early morning Yoga @ Moulamein Lake

9am

FREE Colour Fun Run/Walk @ Moulamein Pool

8am - 10am

FREE Breakfast @ Moulamein Lake

10.30am - 3.30pm

Moulamein Heritage Village
Cinema screenings - Train Rides - Jumping Castle - Food Vendors -
Market Stalls - Skin checks - Bar - Live Music - Hands on zoo -
Puppetry - Kids entertainment - Police and RFS Display - Historical
cinema screenings - Facepainting - Hair cuts - Massages - and much
more

6.30pm - 12am

'Dancing in the Dust' Cocktail Dinner @ Moulamein Racing Club
Pavilion Live Music - Food - Tickets close 10 Feb!

STAY UP TO DATE AT 'CELEBRATE MOULAMEIN' ON FACEBOOK

Proudly funded by



Proudly supported by



OUTDOOR TEEN GYM @ KOONDROOK BARHAM



WEDNESDAY
1st March - 5th April

for 6 weeks
work out

FREE

WITH GRACE COOK
Barham Rec Reserve

11-14 YEARS OLD- 4.00PM-4.30PM
15-18 YEARS OLD- 4.45PM-5.15PM

NO
EXPERIENCE
NEEDED

PARENTAL CONSENT TO BE
COMPLETED PRIOR TO THE FIRST
SESSION. TO BE SENT OUT VIA EMAIL.

Proudly supported by:



30th Cohuna Bridge to Bridge Sunday, March 5

Ride / Run / Walk

Apex Park, Island Rd. Cohuna



- Mawsons Kids K
- thegannawarra.com.au 6.5km Fun Run/Walk
- North Central CMA 12.5km Trail Run
- Cohuna Auto Electrical 21.1km Trail Run
- AWMA Water Control Solutions 6.5km Junior Cycle
- 25km Cycle
- 50km Cycle
- Virtual options for each event



Major fundraiser for the



with proceeds going towards an upgrade to the outdoor area for the aged care residents in the nursing home.



Neighbourhood Houses
The Heart of Our Community

Organised by the
Bridge to Bridge Committee, under the
auspices of Cohuna Neighbourhood House.

www.bridgetobridge.org.au for full details and to enter
REGISTRATIONS CLOSE: Saturday, March 4 at 3pm



Tuning into Teens™ at headspace

EMOTIONALLY INTELLIGENT PARENTING

A FREE six session parenting program for parents and carers of young people

Learn how to:

- Understand what they're going through at this stage in life
- Understand their emotions
- Manage conflict more effectively
- Communicate more effectively
- Create a closer more connected relationship
- Build on your skills as a parent.

Details:
When: Commencing Wednesday 22 February for six weeks
Where: Kerang Library (1-3pm) or headspace Swan Hill (5:30-7:30pm)
Register: headspace@shdn.org.au or 1800 975 115

headspace
National Youth Mental Health Foundation is funded by the Australian Government Department of Health

DANCING IN THE DUST



LIVE ENTERTAINMENT: BAKER BOYS BAND
NORTHY'S CATERING
FOSSEY'S GIN BAR
BUSES AVAILABLE

18+ EVENT
NO BYO
\$50 TICKETS

TICKETS AVAILABLE ONLINE OR AT
MOULAMEIN NEWSAGENCY OR TREND BARHAM
SALES CLOSE 10TH FEB

Moulamein Racing Club
'Race Club Pavillion'

18 FEBRUARY 2023

CELEBRATE MOULAMEIN
OPEN GATE 06:00 P.M.
MOULAMEIN RACING CLUB
PAVILLION

Dancing in the Dust

18 | 02 | 2023

Mallee Zone Swimming Monday 20th February

SWAN HILL SWIMMING POOL Monash Drive Swan Hill

Official Programme 2023

ORDER OF EVENTS

Please note the times are approximate only. Children **must** be at the pool 30 minutes prior to the event. Marshalling starts at 10am.

All Races are 50 metres ALL RACES ARE FINALS (NO HEATS)

10:15am 10-years Girls Freestyle + (9-10 years Girls Multi-Class)

10:20am 11-years Girls Freestyle + (11-years Girls Multi-Class)

10:25am 12-13-years Girls Freestyle + (12-13 years Girls Multi-Class)

10:30am 10-years Boys Freestyle +(9-10 years Boys Multi-Class)

10:35am 11-years Boys Freestyle + (11-years Boys Multi-Class)

10:40am 12-13-years Boys Freestyle + (12-13 years Boys Multi-Class)

10:50am 10-years Girls Backstroke + (9-10 years Girls Multi-Class)

10:55am 11-years Girls Backstroke + (11-years Girls Multi-Class)

11.00am 12-13-years Girls Backstroke + (12-13 years Girls Multi-Class)

11.05am 10-years Boys Backstroke + (9-10 years Boys Multi-Class)

11:10am 11-years Boys Backstroke + (11-years Boys Multi-Class)

11.15am 12-13-years Boys Backstroke + (12-13 years Boys Multi-Class)

11:25am 10-years Girls Breaststroke + (9-10 years Girls Multi-Class)

11:30am 11-years Girls Breaststroke + (11-years Girls Multi-Class)

11.35am 12-13-years Girls Breaststroke + (12-13 years Girls Multi-Class)

11.40am 10-years Boys Breaststroke + (9-10 years Boys Multi-Class)

11:45am 11-years Boys Breaststroke + (11-years Boys Multi-Class)

11.50am 12-13 years Boys Breaststroke + (12-13 years Boys Multi-Class)

Butterfly Finals

12.10pm 50 metres

9-10-years Girls

11-years Girls

12-13-years Girls

9-10-years Boys

11-years Boys

12-13-years Boys

Relay Finals

12.45pm 4 x 50 metres

9-10-years Girls

11-years Girls

12-13-years Girls

9-10-years Boys/Mixed

11-years Boys/Mixed

12-13-years

Boys/Mixed

Medley Relay

1.30pm 4 x 50

metres

Open Girls

Open Boys/Mixed

2.00pm day concludes

Every Day Counts – School Attendance

We all want our students to get a great education, and the building blocks for this begin with students coming to school every day.

Missing school can have a major impact on a child's learning.

Coming to school every day is vital, but if for any reason your child must miss school, there are things we can do together to ensure they don't fall behind or miss out on reaching their true potential, such as speaking with the classroom teacher and finding out what work your child needs to do to catch up. If your child is reluctant to come to school, talk to the teacher about this so that you can come up with a plan of how to manage this together.

Amanda Bradford

MACC News Term 1 2023

Hello everyone, it's great to be back in the Art Van revisiting familiar faces and meeting new ones across the Cluster.

Just a quick reminder that all students will need a smock for Art to protect their clothing from paints, glues and other messy materials. Please make sure smocks are labelled with your child's name. Some parents have even sewn or ironed a patch on to make bought smocks more distinctive. This helps when taking them out of the tub at the start of each lesson.

This term we will be working on a collaborative project (We All Swim Together) as a whole school display, followed by Portraiture. We will try again to run the Grade 5/6 excursion to the Bendigo Art Gallery this term as it was unfortunately postponed due to the floods last year. I look forward to seeing lots of wonderful artworks this year!

Ms. Sally Bentley

Murray Plains MACC

Art Teacher

Koondrook Primary School

Value of the Week

Term One Week Three

Resilience

This week we are learning about **Resilience** - what does this mean and how do we display resilience inside and outside the classroom.

What do we see when people are being resilient?

What should we be hearing?

How does being resilient make us and others feel?



CALLING FOR JUNIOR FOOTBALLERS

UNDER 17.5 Must be 17 or under as at 30th June

UNDER 14.5 Must be 14 or under as at 30th June

UNDER 12 Must be 12 or under as at 1st January

All Expressions of Interest or for more information please call Steven Spring on 0407 231 415

P.O. Box 9, COHUNA VIC 3568 Email: cohunakangas@hotmail.com KohunaFC

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