

ANZAC

Day

March



*Koondrook Primary School respectfully acknowledges the traditional custodians of the land on which we stand. We pay respects to the Barapa Barapa Elders past, present and future.*

# Koondrook Primary School

**KPS: Respect, Responsibility, Resilience**

April 27<sup>th</sup>, 2022

Issue no: 6

## Principal's Report

Welcome back everybody! I hope you all had a wonderful Easter break, enjoyed the beautiful weather, and feel refreshed and ready for a busy Term Two. We have many activities planned throughout the term. Some of these include: Year 6 Grip Leadership Conference, Cross Country, Grade 3 and Grade 5 NAPLAN, Lion's Club Speeches and Lightning Premiership just to name a few.

This week we have welcomed Mrs Kyra Lachlan to Koondrook. Mrs Lachlan is teaching the Year 5/6 class while Mr Monaghan is on leave.

### ANZAC Day

Thank you to all the students, parents and staff who attended the ANZAC Day service and march on Monday. This is a very special day within our community to remember all who have served and given their lives for our country. I was very impressed with how well our students sat and were respectful for a long time during the service, well done!

### Easter Raffle

Thank you to everyone who donated an egg or other Easter goodies and sold tickets for the Easter Raffle. We raised \$951 which is a fantastic effort! The winners were: 1<sup>st</sup> McNeil Family, 2<sup>nd</sup> Suzanne, 3<sup>rd</sup> Ted Hobson, 4<sup>th</sup> Tiffany Rutland and 5<sup>th</sup> Bec Hollingworth.

### Year 6 Transition Dates

- \* Parent Information Night at KTHS 6:00pm Wednesday 27<sup>th</sup> April
- \* KTHS - Wednesday 18<sup>th</sup> May
- \* Barham High - Tuesday 14<sup>th</sup> June

## Dates to Remember

### Term Dates 2022

- Term 2 ~ April 26<sup>th</sup> – June 24<sup>th</sup>
- Term 3 ~ July 11<sup>th</sup> – September 16<sup>th</sup>
- Term 4 ~ October 3<sup>rd</sup> – December 20<sup>th</sup>

### Public Holidays

- June 13<sup>th</sup> – Queen's Birthday
- September 24<sup>th</sup> – AFL Holiday
- November 1<sup>st</sup> – Melbourne Cup

### School Dates to Remember

- April 27<sup>th</sup> – KTHS Parent Information Night
- May 3<sup>rd</sup> – Footy Clinic
- May 6<sup>th</sup> – KPS Cross Country
- May 6<sup>th</sup> – School Nurse Visit
- May 10<sup>th</sup> ~ 13<sup>th</sup> – NAPLAN, Yrs. 3 & 5
- May 13<sup>th</sup> – Grip Leadership @ Bendigo, Yr.6
- May 17<sup>th</sup> – Swan Hill Cross Country
- May 18<sup>th</sup> – KTHS Transition, Yr. 6
- May 20<sup>th</sup> – Curriculum Day
- May 27<sup>th</sup> – Open Day, 12 ~ 2.20pm
- June 3<sup>rd</sup> – Lightning Premiership @ Kerang
- June 10<sup>th</sup> – Staff Professional Practice Day
- June 14<sup>th</sup> – BHS Transition, Yr.6

### Assemblies

- May 6<sup>th</sup> – Grade 5/6 Item

## Grip Leadership Conference

The Gannawarra Shire has organised for the Year 6 students to join a special trip of students from the schools in the Shire to participate in the GRIP Leadership Conference at the Bendigo Stadium on Friday 13<sup>th</sup> May. The GRIP Leadership Conference combines presentations, interactive activities, discussions, leadership games and entertainment to assist students to think about themselves and their leadership role within their school community. Students are required to wear school uniform and bring a packed morning tea, lunch, a drink bottle and a snack to eat on the bus on the way home. Students will attend the conference together on a chartered bus from Lakes Coaches. Gannawarra Shire Council is covering the cost of admission to the conference for all students and staff attending as well as paying for the Lakes Coach. We will be departing Koondrook Primary at 6:15am and returning at around 4.45pm. A permission note will be sent out soon.

## Smile Squad Dental Program

Smile Squad is the Victorian Government's school dental program. Smile Squad will offer free dental care to all Victorian primary and secondary government school students. This initiative is led by the Department of Health (DH) and Dental Health Services Victoria (DHSV), with input from the Department of Education and Training (DET). Smile Squad services are provided by community dental agencies. Regular dental checks can prevent or address dental health issues before they become serious. Many students do not see a dentist regularly and have poor dental health. Permission forms (which were sent home last term) need to be filled in and returned to school if you would like your child to visit the service. We are expecting them to visit our school this term.

## School Nurse Visit

Kerrie McCosh, primary school nurse, will be visiting our school on May 6<sup>th</sup> this year.

**Prep Health Assessments:** All parents/guardians of Prep grade children will be asked to complete a Health Questionnaire and return the form to the school before May 5<sup>th</sup> 2022. If you do **not** wish your child to be seen by the school nurse, please sign the non-consent section and return the form to the school.

**Referrals (Grades 1-6):** Parents and/or teachers may refer children from any grade for assessments of vision, hearing, basic speech, physical abilities, medical conditions, behavioural and parenting issues. Please collect a referral form from the school office.

Completed forms are to be handed into the school office prior to May 5<sup>th</sup> 2022. Should parents wish to have an interview with the School Nurse, please indicate your request on the form. Please note: You can talk to the primary school nurse at any time throughout the year. The school has her mobile phone number.

## Cross Country

On Friday 6<sup>th</sup> May we will be holding our school Cross Country commencing at 1:30pm. All races will start in the carpark and the children will run out the front gate and along the river track and then finishing on the school oval. Children can wear their House colours to school. We will be having an early lunch. Parents are welcome to attend the Cross Country.



## Easter Hat Parade



## Mallee Division Cross Country Swan Hill

The children who qualify will attend the Swan Hill Cross Country on Tuesday 17<sup>th</sup> May at Riverside Park. Parents will be responsible to get their child to and from the event. More details will be sent home after our Cross-Country next week.

## NAPLAN

From Tuesday 10<sup>th</sup> May to Friday 13<sup>th</sup> May, students in Grade 3 and 5 will participate in the National Assessment Program – Literacy and Numeracy (NAPLAN). This includes tests in Reading, Writing, Language Conventions (spelling, grammar and punctuation) and Numeracy. Schools use the results from NAPLAN to identify strengths and weaknesses in teaching programs and to set goals in Literacy and Numeracy. Teachers also use results to help them better identify students who require greater challenges or additional support. Structures have been implemented to support students and help them prepare for this. The NAPLAN tasks will be taken online, apart from Year 3 writing which is paper based. **All children will need their own set of headphones.**

## Curriculum Day

On Friday 20<sup>th</sup> May we will be holding a Curriculum Day. The staff will be working with Anna from Top Ten Maths, focusing on multiplication and Division. There will be **no** school for students on this day.

## Professional Practice Day

For Term 2, 2022, the Department of Education and Training has provided schools with the option to hold each teacher's allocated professional practice day on the same day for all staff. This is to enable the most effective and efficient use of this day.

As a result, we have scheduled our professional practice day for Friday 10<sup>th</sup> June. Students will therefore not be required to attend school on this day.

This will mean students will have a 4-day long weekend as the Queen's Birthday holiday is on Monday 13<sup>th</sup> June.

## Open Day Friday 27<sup>th</sup> May

We would like to invite parents, grandparents and friends of Koondrook to our Open Day on Friday 27<sup>th</sup> May at 12:00pm to 2:20pm. You are invited to visit the classrooms from 12:00 - 1:35pm and then join us for a BYO picnic lunch.



*Amanda Bradford*

## Updated Covid Requirements for Schools

### Face masks

From 11:59 pm Friday 22 April, face masks, while recommended, are not required in any school setting. This means students in grades 3 to 6, staff and visitors in primary schools are no longer required to wear face masks. Any student or staff member who wishes to wear a mask may do so, including those who are medically at-risk.

### Screening requirements

Students and staff who have tested positive for COVID-19, and have completed their 7-day isolation period, now do not need to undertake rapid antigen test (RAT) screening for 12 weeks after their release from isolation. This was previously 8 weeks.

### Household contacts

Students and staff who are household contacts of a COVID-19 case are no longer required to quarantine. They can return to school as long as they undertake rapid antigen tests (RAT) 5 times within their 7-day period and wear face masks indoors if they are aged 8 and above unless they have a valid exemption. If any household contact returns a positive RAT result during this period, they must isolate for 7 days and not attend school.

### Vaccination requirements for visitors to schools

Parents, carers and other adult visitors (not performing work) are no longer required to show evidence of two doses of COVID-19 vaccine.

### Community use of school facilities

Schools will no longer need to request evidence of vaccination of staff or workers from external community groups who use premises outside the school's normal operating hours.

### RAT screening program extension reminder

The supply of RATs will continue for the first 4 weeks of this term. The screening recommendations remain the same:

- mainstream schools – recommended to test at home twice a week.



WED

27TH  
APRIL

6PM

KTHS  
LIBRARY



KERANG  
TECHNICAL  
HIGH SCHOOL

Invites prospective families to join our

2023 YEAR 7  
INFORMATION  
EVENING

Enrolment forms and school information  
will be distributed.

Further information:

Zoe.Ferrier@education.vic.gov.au

## GETTING KIDS BACK TO A GOOD SLEEP ROUTINE AFTER SCHOOL HOLIDAYS

Brought to you by NOCH

Good sleep is REALLY important to our health and well-being. Even more so in school-aged children who need rest to help them grow, learn, concentrate, and be happy.



### CREATE A POSITIVE SLEEP ENVIRONMENT

- Not too hot or cold
- Dark
- Quiet
- Comfortable

### CREATE A BEDTIME ROUTINE

- Have a bath/shower
- Put on PJ's
- Brush teeth
- Go to the toilet
- Read a book
- Sleep time

### QUIET ACTIVITIES BEFORE BED

- Reading
- Yoga
- Puzzles
- Colouring
- Writing
- Bath/shower

### HEALTHY EATING & PHYSICAL ACTIVITY

Each day aim for

- 2 pieces of fruit
- 5 serves of vegetables
- 7 cups of water
- 60 minutes of physical activity

### KEEP A REGULAR BEDTIME (EVEN ON WEEKENDS)

This makes sure your child is getting  
enough sleep.



**DON'T FORGET**



KEEP ELECTRONIC DEVICES OUT OF BEDROOMS  
and have at least 1 hour before bed device free.



For more tips and information visit:

<https://www.sleepfoundation.org/articles/back-school-sleep-tips-0>

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