



Koondrook Primary School respectfully acknowledges the traditional custodians of the land on which we stand. We pay respects to the Barapa Barapa Elders past, present and future.

Koondrook Primary School

KPS: Respect, Responsibility, Resilience

June 16th, 2021

Issue no: 10

Principal's Report

End of Term

It has been a very long and busy term which seems to have gone rather quickly. I'm sure everyone is looking forward to a break and a chance to recharge the batteries. Term 2 will finish early at 1:35pm on Friday 25th June. I hope everyone enjoys the holidays and we look forward to seeing you all in Term 3 starting on Monday 12th July.

School Council

Our next School Council Meeting is on Monday 21st June at 7:30pm. I will let you know later in the week if we are able to be onsite or if we will need to use Webex.

Prep/Foundation 2022 Information Night

There will be an information session for parents and carers of children wishing to start Prep/Foundation at Koondrook PS in 2022. You will get an insight into the programs and opportunities available at KPS. There will be information on:

- The Pre-school to School Transition Program
- Enrolment process
- The opportunity to meet staff and ask questions
- Buddies Program
- What we offer at KPS

Plans at this stage are to hold our Information Night on Monday 19th July from 6:00pm at Koondrook Primary School. Please call the school if you are unable to attend if this time does not suit and you would like to arrange another time.

Dates to Remember

Term Dates 2021

Term 2 ~ April 19th – June 25th
Term 3 ~ July 12th – September 17th
Term 4 ~ October 4th – December 17th

Public Holidays

November 2nd – Melbourne Cup

School Dates to Remember

June 21st – School Council Meeting
June 25th – Last Day Term 2, Early Dismissal @ 1:35pm
July 13th – Regional Cross Country @ St Arnaud
July 19th – Prep 2022 Information Night



Reports

Semester 1 Reports will be sent home with the children on Wednesday 23rd June. All the teachers have spent a significant amount of time preparing these and I would like to thank them for compiling very comprehensive, individual reports. Please ensure that you spend time with your child going through the report, sharing your child's achievements and accomplishments for this semester. Please read these and then send back to school after the holidays so that the Semester 2 Reports can be added at the end of the year.

Lions Club Speeches

The students in Years 3/4/5 & 6 have been working on their speeches for the Lion's Club Junior Public Speaking Competition. The Year 3/4 topic is - "Volunteering in the Community" The Year 5/6 topic is - "The Environment - how is it effecting our Planet, our Native Wildlife and what can we do to improve it" We had planned for the children to deliver their speeches to members of the Barham/Koondrook Lions Club this week but due to Covid Restrictions we now hope that this will take place the first week back next term.

Pioneer Settlement

Planning for the Year 3/4 camp is currently underway. The camp is on the 6th and 7th of September and we will be travelling to the Pioneer Settlement in Swan Hill with students from Leitchville, Gunbower and Murrabit. The cost of the camp will be approximately \$145 - \$160 which includes all activities and the cost of the bus. More information will be available early next term.

Covid Restrictions

There are still restrictions on visitors to schools, so parents should not be on site.

We just need to be mindful of sanitising our hands and being COVID Safe. Here are just a few reminders regarding COVIDSafe behaviours.

Covid Safe Practices

The principles for maintaining a COVIDSafe school apply to all Victorian schools: specialist and mainstream, government, independent and Catholic.

They are aligned with Victoria's COVIDSafe principles for business and acknowledge the unique school setting as both a place of work for staff and a learning environment for children and young people, drawing on local and international literature.

Safety of Staff and Parents

Staff at your child's school are required to practise physical distancing 1.5m between themselves and other staff members or adults where possible. Staff will also where possible physically distance themselves from children. No parents onsite at this time.

Reinforce COVIDSafe behaviours

- Stay home when unwell (very important)
- Practise good hygiene
- Ensure physical distancing (1.5m)
- Wear a face mask when required or
- Avoid interactions in enclosed spaces



Somers Camp

Every two years our school is offered a limited number of places at the Department of Education and Training's Somers School Camp. This year our allotted time is from 7th September until the 15th September. It is a nine-day commitment and as such I would ask that you **only** register interest in the camp if children can attend without concerns of sports or family commitments. Sunday is a day when visitors can attend from 12.00 – 2.30pm and again children **must** be able to return to their camp activities willingly after their family leaves.

Children who gain selection from our school will join with 160 Grade 5 and 6 children from our school district in this very special Outdoor Education and Personal Development program.

The camp has both indoor and outdoor activities all run by specialist permanent teaching staff with the assistance of nine local teachers who will accompany the children to and from the camp.

The activities are mainly physical and outdoor and include High and Low Ropes Courses, Boating, Rock Climbing, Abseiling, Challenge Swing and Initiative Activities which require a reasonable level of physical fitness. All children are also required to take part in the following activities: Archery, Art, Drama, Environmental Studies, Bush Cooking, Orienteering, Bike Education, Flying Fox, Bush Dancing, Disco Night, Singing and Diary Writing. Separate boys and girls living arrangements are provided but all activities are done in mixed groups.

More information regarding fees will be available as we get it. The fees include transport, accommodation, meals and pocket money.

This is a great camp and provides children with the opportunity to accept challenges, improve their self-esteem, meet and mix with others from our local area, have fun and learn at the same time.

If your child would like to attend this camp could you please speak to Amanda in the next few days.

Amanda Bradford

Active Kids Vouchers

Helping More Kids Get into Sport for The First Time:

More vouchers are on offer for young Victorians keen to play their favourite sport with up to \$200 available to help pay for sporting equipment, uniforms and memberships.

Minister for Community Sport Ros Spence today announced applications will open on Monday under the second round of the \$21 million Get Active Kids Voucher Program.

More than 10,000 vouchers were snapped up in the first round, helping families cover the costs of membership and registration fees, equipment and uniforms. Sports and activities ranged from swimming, basketball and Australian rules football to dance, tennis, gymnastics and scouts.

Community sport and recreation has recovered strongly from a disrupted 2020 and participants will be keen to play and compete again when circuit-breaker restrictions are removed.

Round two will increase the number of vouchers up for grabs, providing even more families with the opportunity for their kids to join in the fun at local clubs and groups across the state.

The Get Active Kids Voucher Program helps young Victorians from families facing barriers to participating in sport and recreation. To be eligible, kids need to be aged 4 to 18, a Victorian resident, named on a valid Commonwealth Health Care Card or Pensioner Concession Card and named on a valid Medicare Card at the time of application.

The program also provides a special consideration stream to support children named on their own Health Care Card, temporary or provisional visa holders, undocumented migrants and international students aged 4 to 18 years at the time of application.

Applications for vouchers in round two of the program open on 31 May 2021 and close on 9 July 2021. Eligible expenditure dates (for membership, uniform and equipment costs) are from 1 January 2021 to 9 July 2021.

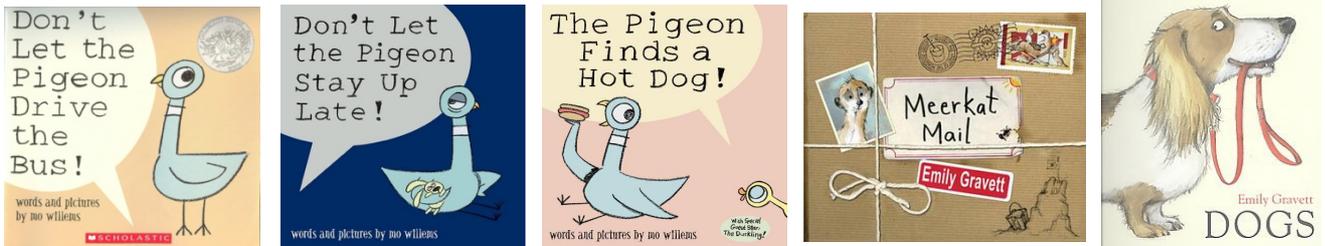
The program is being delivered across four rounds until 15 April 2022. Subject to availability, two vouchers can be claimed for each eligible child across the duration of the program.

To apply or for more information about the program, visit <https://www.getactive.vic.gov.au/>

MARC (Mobile Area Resource Centre) Library News

Term 2

This term the grades Prep, 1 & 2 have looked at Mo Willem and Emily Gravett books. Both of these authors write and illustrate their books. We have looked at video clips of pigeons, whales and meerkats. We have looked at the parts of a picture story book i.e. title, author, illustrator and call number. We have been working out the call numbers of different authors books.



The grade 3,4,5 & 6's have been looking at books based on true stories. These books include 'Lofty's Mission' about a messenger pigeon in the war, 'The Little Refugee' based on Anh Do's life (author, illustrator, painter and comedian), 'Fluke' about a whale born in Sydney Harbour, 'The Dream of the Thylacine' about the Tasmanian tiger and 'The Peasant Prince' based on the story Mao's Last Dancer by Li Cunxin. We have looked at video clips of carrier pigeons in the war, real life racing pigeons, southern right whales, whales at the Great Australian Bight, hump back whales breaching, and listened to whale sounds. We have seen clips of Li Cunxin a famous ballet dancer and him talking about his life story and watched clips about the Tasmanian tiger. We have done further research about these topics. We have also looked at the alphabetical order of books for shelving and finding books on the shelf. Also, the numerical order (Dewey Decimal System) for finding and re-shelving books.



Helen McLaren (MARC van Teacher Librarian)



NDCH

Northern District Community Health

NDCH-your first port of call in the pursuit of good health!

Men's Health Week: 14 - 20 June

PAUL LACY – PROGRAM COORDINATOR FOR TACTICS FOR TOUGH TIMES PROVIDES SOME TIPS ON HOW TO LOOK AFTER YOURSELF



Doctor's visit: When was the last time you visited the Doctor for a checkup? You should visit at least every 12 months. Get them to check your blood pressure, heart, lungs and perhaps a cholesterol check. If you are struggling with mental health now would be a good time to mention it.

Exercise: Make a plan. Make it achievable and part of your routine. Walking the dog each day or riding to work. Build up the intensity slowly. Don't overdo it. Soreness or injury will only put you back further on your fitness goals. Benefits of exercise include, improved sense of well-being, feeling more relaxed and positive, increased energy, better sleep and can even help with many common mental health challenges.

Diet: Dieting is not about detoxing or cutting out carbs. For most of us it's simply portion size, variation and reducing the fat, salt and sugar in our meal choices. It can be simple to make better choices.

Fresh Air: Don't underestimate the power of fresh air and sunshine. Get out and enjoy it at least once a day. It will benefit your physical and mental health.

Hydration: Is so important for your body to run properly. At least 2Lt of water per day is recommended.



Book an AgriSafe appointment if you work in the farming industry:

NDCH is now offering FREE AgriSafe clinics to all farmers and their families.

An AgriClinic is conducted by a qualified health clinician specialising in agricultural health and medicine and who is familiar with farming practices. They will assist you to:

- Determine your health status and how to improve it.
- Learn how to keep you, your family and your workers safe.
- Identify on-farm risks and hazards. Obtain suitable personal protective equipment.

#NDCH - your first port of call in the pursuit of good health!

#farming #farmers #farmingfamilies #safety #health #wellbeing

How to get an appointment

Call NDCH on 03 - 5451 0200 or email: info@ndch.org.au



www.ndch.org.au



School Holiday Program



Re-create The Starry Night

Re-produce this iconic painting by Vincent Van Gogh with your choice of medium.

For children aged 8 years and over.

Cohuna - Wednesday 30 June, 2.30pm

Kerang - Tuesday 29 June, 10.00am



Moon Lamp

Create your own beautiful, moon, night light!

All ages welcome!

Cohuna - Wednesday 7 July, 2.30pm

Kerang - Thursday 1 July, 10.00am



Wind-Up Critters

Build real, mechanised, toys using tactile modelling clay.

For school-aged children.

Cohuna - Monday 5 July, 10.00am

Kerang - Thursday 8 July, 10.00am



Bookings are essential

Children must be accompanied by an adult

Call 5452 1546 for details or to book your spot.

Activities may be cancelled subject to COVID regulations

NETSTARS

NETBALL CLINICS

Hosted by Julie Corletto - 3 x World Champion
& Commonwealth Games Gold Medalist



KERANG

DATE: Tuesday 29th June 2021
TIME: 9am - 3pm
AGES: 7 - 14 years old
VENUE: Kerang Stadium,
Maxwell Street, Kerang
COST: \$85 per participant



Every participant receives a Netstars T-shirt

Bookings essential & close 24 hours prior to the clinic, unless sold out.
Only a limited number of places available, book now to avoid missing out



Book Online: www.netstarsnetball.com.au

NETSTARS
NETBALL CLINICS

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