

# Fun

# Athletics

# Day!



*Koondrook Primary School respectfully acknowledges the traditional custodians of the land on which we stand. We pay respects to the Barapa Barapa Elders past, present and future.*

# Koondrook Primary School

**KPS: Respect, Responsibility, Resilience**

October 28<sup>th</sup>, 2020

Issue no: 32

## Principal's Report

### Book Week Dress-Up Day

On Friday we will be celebrating Book Week with a dress-up day. We hope that everyone will get into the spirit and dress as a book character. We will have our book parade at 9:00am. We will take photos and put them onto our Facebook page.

We will also show the parade on WebEx at 9:00am for the parents who would like to tune in.

### School Calendar

Each year one of our major fundraising activities is producing a Community Calendar. It is one of the easiest fundraisers for families as Mrs Ficken does most of the work. Businesses buy advertising space, the school families can support the calendar by paying \$1.50 to put in any important dates like your children's birthday, anniversaries, meetings etc. A note will be sent home with your children today.

### Prep 2021 Transition

On Wednesday 4<sup>th</sup> November we will be welcoming the Group 2 children to Koondrook Primary for their first transition day from 9:00am until 11:00am. Children will need to bring a drink bottle, hat and fruit snack. The teachers and Year 6 school captains will meet the children at the front gate.

### Melbourne Cup Holiday

There will be no school on Tuesday 3<sup>rd</sup> November as it is the Melbourne Cup Holiday. One of Koondrook Primary's former students, Jye McNeil, is riding a horse called 'Twilight Payment' in the Melbourne Cup. He won the Geelong Cup last weekend so keep an eye out for him!

We wish him all the best!



## Dates to Remember

### Term Dates 2020

Term 4 ~ October 5<sup>th</sup> – December 18<sup>th</sup>

### Public Holidays

November 3<sup>rd</sup> – Melbourne Cup

### School Dates to Remember

October 30<sup>th</sup> – Book Week Parade

November 4<sup>th</sup> – Prep 2020 Transition

November 20<sup>th</sup> – School Photos

December 4<sup>th</sup> – Curriculum Day

### Assemblies

TBA



## Book Club

Book Club orders are due back before Thursday 29<sup>th</sup> October.

## Curriculum Day

Friday 4<sup>th</sup> December will be a Curriculum Day. This is a Professional Learning Day for teachers and there will be no school for students.

*Amanda Bradford*

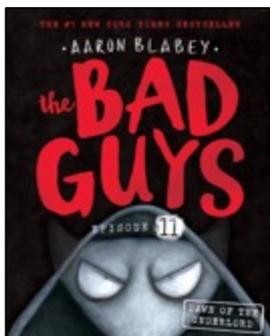
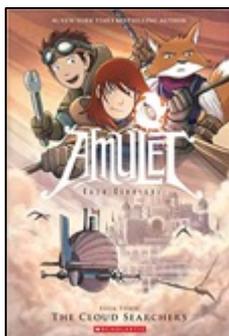
### Where are our Books?

Since remote learning from home and the mixed-up year we have had, a few of our library books have gone missing or are overdue. Could families please check at home for any Koondrook PS library books. Not all books have gone through the system to be borrowed so I don't know who has them but some were brand new. Thank you in advance for your cooperation.

*Karen Naismith*



*Below are just a couple of the NEW books missing*



### Poster Competition Awards

Last term during lockdown and remote learning, some students from grade 1/2 B entered a poster competition for National Water Week. They made posters and sent them to Lower Murray Water in Mildura. These students won Highly Commended Awards for their posters:

- Lacey
- Cooper
- Mila
- Taj

As a reward for doing such a great job they received a goodie pack. The children loved their prizes as you can see in the photos.

*Kate Bartels*





## Koondrook Tennis Club



Junior Tennis Training will be starting

Wednesday 4<sup>th</sup> November 2020  
at 5.30pm-6.15pm.

If you are able to bring your own racquet  
please do so.

If you have any questions  
please contact Helen Guerra on  
0448 147 299

Hope to see you all there.



### **Barham Tennis Club - Junior Coaching 20/21 season**



At the Tennis Courts - CluBarham Golf  
Resort

Wednesday afternoons 4:30 – 5:30

During School Terms 4 & 1



\$2 per person

All ages and abilities welcome

We have 3 senior tennis players taking  
training sessions so groups can be split  
depending on ability.

We would also appreciate parents  
staying to watch or assist.



KOONDROOK BARHAM CRICKET CLUB

# Woolworths Cricket Blast



Starts 5pm Friday 6th November 2020  
Barham Recreation Reserve

- Recommended for kids aged 5 - 8
- All equipment supplied
- Learn new skills including catching, throwing and teamwork
- All kids get their own Blasters Pack and wear the colours of their favourite Big Bash heroes
- It's safe - we use plastic bats and a rubber ball

\$75

REGISTER ONLINE [PLAYCRICKET.COM.AU](http://PLAYCRICKET.COM.AU)





# NDCH

Northern District Community Health

NDCH-your first port of call in the pursuit of good health!

## Benefits of Baking

Kids love cooking and there are many extra skills that they will use and develop while baking a cake or cooking the family dinner.

### Increases Reading, Math & Science skills

Cooking involves a lot of reading, math and science, whether it is learning new words on the recipe list, understanding fractions for measuring cups or understanding when and why we use certain flours or raising agents. There are lots of lessons to share with your child during the cooking process.

### Improves coordination

From measuring cups of flour and sugar, to cracking and whisking eggs, or spooning mixture into patty pans, there are lots of different coordination skills kids will use while baking. Although it is messy, it is good for them to be able to try do these things themselves to help improve these skills.

### Promotes life skills

Cooking is not just about making food. It is also about responsibility, planning and learning to clean up afterwards. For younger kids you can talk them through this process. For older children or teenagers, it is a good opportunity for them to begin to practice for life out of the home. Encourage them to be a part of family meal planning and shopping lists as well as the cooking process.



Northern District Community Health are celebrating the annual Agriculture Show baking by hosting a Show Baking Essentials virtual show baking competition online on 29<sup>th</sup> October at 7:30pm. Go to [www.ndch.org.au/events](http://www.ndch.org.au/events) to register.

[www.ndch.org.au](http://www.ndch.org.au)



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**Do you or your child have asthma or suffer from hayfever? Here are some tips to protect yourself or child from thunderstorm asthma this pollen season.**

**Speak to your pharmacist or doctor.**

Your GP can help you develop a plan to manage your asthma.

**Take your asthma reliever medication**

If you are already on medication for asthma remember to be vigilant in taking it at this time

**Learn the 4 steps of asthma first aid**

These steps will help you assist someone who is experiencing an asthma attack and guide you to call 000 if needed.

**Be aware of thunderstorm warnings and avoid going outside in thunderstorms**

Prevention is always better than a cure and unless you need to it is better to stay indoors during these conditions.

For more information go to <https://www.betterhealth.vic.gov.au/campaigns/thunderstorm-asthma>

[www.ndch.org.au](http://www.ndch.org.au)

**CONTACT:**

Koondrook Primary School  
Murray Parade Koondrook,  
PO Box 8, Koondrook, 3580

Phone - 03 54532428  
Fax - 03 54531147

Website: [koondrookps.vic.edu.au](http://koondrookps.vic.edu.au)  
E-mail: [koondrook.ps@edumail.vic.gov.au](mailto:koondrook.ps@edumail.vic.gov.au)