

Working With Our Big Buddies



Koondrook Primary School respectfully acknowledges the traditional custodians of the land on which we stand. We pay respects to the Barapa Barapa Elders past, present and future.

Koondrook Primary School

KPS: Respect, Responsibility, Resilience

July 22nd, 2020

Issue no: 20

Principal's Report

Amanda Bradford is away at the moment due to the sad news of her mother passing away. We send Amanda and her extended family our deepest sympathies and best wishes in this trying time.

In Amanda's absence Sophie Lake is the person to contact if needed.

NSW Cross Border Permit Changes

EDUCATION: Travel for education purposes includes students, parents, staff and extends to Day Care and Pre-School. If you live outside the Border Zone, you can travel for education provided you travel via the most direct route and go straight to school and home again.

All NSW students must carry a permit with them at all times.

Hopefully everyone who needs a border permit has been able to get one. If you need help applying for a permit or printing them off please contact the school and we will help if we can.

Wood Raffle

Thank you to the families who have already sold their raffle tickets and sent them back to school. Just a reminder that as the raffle is drawn on Monday 3rd August we will need all raffle tickets and money returned to school by Friday 31st July. If anyone would like more tickets to sell we do have a few extra at school, just let us know and we will send them home with your children.

Hot Lunches

We have decided **not** to have hot lunches in the pie warmer this term due to Covid-19. It is best that food is not handled by different people. A lot of children have been bringing hot food in a food-grade thermos which is a great idea.

Dates to Remember

Term Dates 2020

Term 3 ~ July 13th – September 18th

Term 4 ~ October 5th – December 18th

Public Holidays

November 5th – Melbourne Cup

School Dates to Remember

July 29th – Year 6 KTHS Transition

August 6th – Year 6 BHS Transition

September 3rd – School Photos

September 4th – Athletics Carnival

October 21st – Prep 2021 Transition 9am – 11:30am

Assemblies

IT ADDS UP!

If you read just 15 minutes a day, in one year you will have read over 1,000,000 words!

Source: Statisticbrain.com

 WE are TEACHERS



School Values - Respect

On Wednesdays we have Teacher/Buddy lunch and work on and discuss the school values. This term we have started 'role playing' different scenarios using our values, with respect being the one we are working on at the moment.

It must be working because it is lovely to stand out the front in the mornings and welcome the students to school in Amanda's absence. The students are showing the school value of respect beautifully as they greet staff and fellow students on their way in. I am impressed! (*Karen Naismith*)

Book Club

Book Club orders are due back **before** Thursday 30th July.

2021 Transition Programs

Unfortunately we are unable to hold a Prep 2021 Information Night on 4th August as hoped. We are looking at other options which could include personal tours of the school after school hours. More information will be available at a later date. Library sessions in the prep room for the Pre-School children are starting tomorrow (Thursday 23rd) at 2pm.

Enrolment forms are due in by Thursday 17th September.

Enrolment packs are available at Koondrook Pre-School and Barham Pre-School. Otherwise, enquire at the office.

Dates for the Transition Days are as follows:

2021 Prep Transition Days Koondrook Primary School	
Date	Time
Wednesday 21 st October	9am – 11:30am
Wednesday 4 th November	9am – 11:30am
Wednesday 18 th November	9am – 2pm
Wednesday 2 nd December	9am – 2pm
Tuesday 8 th December Step-Up Day	9am – 3:30pm

On July 29th the year six students will be participating in their first transition day at Kerang Tech High School. The students can go into Kerang on the high school bus. Bus passes will be organised for the students.

On August 6th the year six students will participate in the transition day at Barham High School.

I strongly suggest that all students attend these first two transition days. It is a good opportunity for the students to see what each school has to offer. Over the last couple of years students have changed their minds as to which school they will attend after attending both the transition days on offer. Both schools have sent home information packs regarding their transition programs at the end of last term.

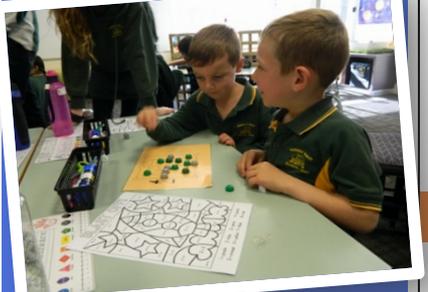
Sophie Lake





Athletics

This term is traditionally the term where we run our athletics sports. It is disappointing that we can't participate in the Murray Plains Cluster Athletics with our friends from Gunbower, Leitchville and Murrabit. Although this year the students will not be able to continue on to zone trials and regional competitions, we will still hold our own athletics carnival at school on September 4th. The students will be practising their athletic skills in their physical education lessons with Mr McLaren on a Thursday and we will also run practices on Friday afternoons. It would be great if you could make sure that your children are wearing runners on those days if they don't normally.



NDCH

Northern District Community Health

NDCH-your first port of call in the pursuit of good health!

Kids & Emotions

Kids who learn healthy ways to express and cope with their feelings are more likely to have good mental health and wellbeing, display less behavioural problems, be empathetic & have positive relationships.

Take Notice of Cues

It is hard for kids to identify their feelings, as they do not have the vocabulary to do so. Take notice of their body language, what they say and their behaviours. Try understand the meaning behind a behaviour. You can then help them to express this feeling in a healthy way.

Name & Identify

Help your child identify their feelings by naming them. They can then develop an emotional vocabulary and can talk about how they feel. Identify feelings in others. You might ask your child to reflect on how someone else is feeling. Picture books are a great way to help kids learn and identify feelings through facial expressions.

Be a Role Model & Listen

Kids learn about feelings and how to express them by watching others. Show your child how you are feeling about different situations and how you deal with them. Remember to acknowledge their feelings. If feelings are ignored, they can be expressed in unhealthy ways.



<https://kidshelpline.com.au/parents/issues/helping-kids-identify-and-express-feelings>

www.ndch.org.au

COVID-19 (Coronavirus)



**MOBILE
CLINIC
GET TESTED**

Barham Get tested!

**Thursday 23 July 2020
1.30 pm – 3.30 pm
17 Mellool Street, Barham**

If you have symptoms – please get tested!

MOST COMMON SYMPTOMS:

Most common symptoms include fever and dry cough. Some people also experience sore throat, shortness of breath, or runny or stuffy nose.

DROP IN ON THE DAY OR CALL:

An appointment for the mobile testing clinic can be made by calling the Murrumbidgee COVID-19 Hotline on
1800 831 099



Health
Murrumbidgee
Local Health District

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