

## Library



## Reading



*Koondrook Primary School respectfully acknowledges the traditional custodians of the land. We pay respects to the Barapa Barapa Elders past, present and future.*

# Koondrook Primary School

**KPS: Respect, Responsibility, Resilience**

February 19<sup>th</sup>, 2019

Issue no: 4

## Principal's Report

### School Council Elections

Our next general meeting of School Council will be held on Monday 18<sup>th</sup> March starting at 7:00pm.

School Council meets twice per term and plays an important role in supporting the school by approving school budgets, grounds work, school policies and the like and most importantly school camps and sleep-overs.

Our School Council membership for 2019/20 needs to be finalised by the end of March, including allowing time for elections if required.

At present Angela Turner, Anneke Den Houting and Rachel Woolhouse are up for re-election. There is also one staff member vacant position to be filled.

Forms are attached to this newsletter calling for either self-nomination to school council or nomination by another community member.

- Closing date for nominations: Friday 1<sup>st</sup> March
- Date by which the list of candidates and nominators will be posted: Tuesday 5<sup>th</sup> March
- Date by which ballot papers will be distributed (if needed): Thursday 7<sup>th</sup> March
- Close of ballot: Tuesday 12<sup>th</sup> March
- Nomination forms can be dropped at the school office at any time before **Friday 1<sup>st</sup> March**.

### Assembly

Grade 3/4 will be hosting assembly this Friday. All are welcome to attend at 3pm in the project space, or outside under the BV if it's not too hot.

### \*MATES ROYAL HOTEL RAFFLE\*

DATE:

FAMILIES:

March 22<sup>nd</sup> ---

Brennan/Wright(T)/  
Woolhouse/Walle/Tucker

May 10<sup>th</sup> ---

Cain/Martin/Moseley/  
Hall(B)/Murray

## Dates to remember

### Term Dates 2019

Term 1 ~ January 30<sup>th</sup> – April 5<sup>th</sup>

Term 2 ~ April 23<sup>rd</sup> – June 28<sup>th</sup>

Term 3 ~ July 15<sup>th</sup> – September 20<sup>th</sup>

Term 4 ~ October 7<sup>th</sup> – December 20<sup>th</sup>

### Public Holidays

March 11<sup>th</sup> – Labour Day

April 25<sup>th</sup> – ANZAC Day

June 10<sup>th</sup> – Queen's Birthday

November 5<sup>th</sup> – Melbourne Cup

### School Dates to Remember

February 20<sup>th</sup> – Parent/Teacher Interviews

February 26<sup>th</sup> – Cluster Swimming Sports @

Koondrook Pool

February 28<sup>th</sup> – RFDS Dental Clinic

March 7<sup>th</sup> – Circus Challenge Visit

March 18<sup>th</sup> – School Council Meeting

### Assemblies

February 22<sup>nd</sup> – Grade 3/4 Hosting

## Year 5/6 Cluster Camp

Year 5 and 6 students have their Cluster Camp to 15 Mile Creek from **Tuesday 28<sup>th</sup> May - Friday 31<sup>st</sup> May**. On Monday 27<sup>th</sup> May, the students will be involved in a video conferencing program at school before heading off to camp on Tuesday morning. This is an outdoor adventure camp with activities such as archery, bike riding, cubby building, raft making and orienteering. The cost of the camp will be around \$210 (the final total will be confirmed nearer the time). The paperwork for the camp is attached to the newsletter. **Please return all paperwork along with a \$50 deposit by the 1<sup>st</sup> of March**. Full payment will need to be made 2 weeks before going on camp. Thank you.

## RFDS Dental Clinic



The Royal Flying Doctor Service Dental Team are returning to KPS on Thursday 28<sup>th</sup> February. Permission forms for free dental check-ups are attached to this newsletter. If you would like your child to have a check-up, please fill in the form and send back to school A.S.A.P. For more information and what to expect on the day please see the attached information.

## Bus Travellers

Children who travel on the bus to and/or from school need to bring a note for their teacher if they are **not** going to be on the bus or are going home with friends. It is essential that we know how, or where, your children are going home. Time is wasted looking for children who are not on the bus when we haven't been informed. If it's a last-minute decision, could parents/carers please wait for your children **at the bus stop** so they can be marked off the roll accordingly. Your cooperation in this matter will be greatly appreciated. Thank you to the families who already do this.

## Circus Challenge

On Thursday 7<sup>th</sup> March we will have Circus Challenge visit the school. On the day, the children will take part in a 1-hour performance show followed by a workshop to teach the children various circus skills. The school will be subsidising some of the cost but there will be a \$5.00 per student fee charged. If you are eligible for CSEF Funding payment may be made through this program. Could all money be sent to school by **Friday 1<sup>st</sup> March**.



**"The interactive Motivational Show and Hands-on workshops will inspire your students to try new things and to 'bounce back when you're knocked back'. The Circus Challenge has been hugely successful Across Australia & New Zealand Schools as it embraces the Arts, Physical Education and Personal Development into one huge 'laugh out loud' experience that will leave your school community buzzing!**

**The Day begins with a whole school show and is followed up with a range of circus skill workshop sessions to meet your Physical Education, Performing Arts and/or Personal & Team Building needs."**





### Cluster Swimming Sports

Don't forget our Cluster Swimming Sports are on next Tuesday, 26<sup>th</sup> February at the Koondrook Pool. We will be competing against our Mallee Plains Cluster schools Gunbower, Leitchville and Murrabit. Children will need to make sure they have their bathers on and to bring lunch, snacks, water bottles, towel and sunscreen. We will take their school hats. The swimming starts at 10am so if students are coming by car they need to be at the pool no later than 9:45am. If students go home with parents/carers from the pool they will need to see Amanda Bradford to sign out.



### ABC Wildlife Photo Competition

Take a photo of Australian wildlife for a chance to have your image published on the Australian Geographic website!

Tell us about the animal in the description (75 words max). For example, is it a mammal, reptile, fish, bird or arthropod? What is its scientific name? Where does it live, what does it eat and what are its habits? What makes it special?

Enter as many times as you like. The entry with the best image and description will win, so keep a high-quality copy of your image.

**Be safe! DO NOT** approach any harmful animals, and do not disturb or harm any animals.

Go to: <http://education.abc.net.au> and Search: Wildlife photo competition.

Tell your parents what you're doing. **DO NOT use real names anywhere on your entry!** You don't need to register or log in, just fill the entry form and upload your image. Make-up a Display name for your entry.



*Sally Bentley  
Murray Plains MACC*

### 5/6 CLASS NEWS

The children in Grade 5/6 have had a very busy start to the term. Mr Monaghan is enjoying the change from Cohuna to Koondrook and is getting to know more about the school and the children.

- We have completed Maths assessments and are learning about place value and using the four processes to solve problems. All children should be practicing their times tables each night.
- The children have also completed spelling tests and are using the First Steps spelling program to complete activities each day. Each child has a spelling list they should be learning each night.
- Every child has been given a reading diary which they are to take home and bring to school each day. These are a communication tool and are also used to record the children's reading. Parents are asked to sign this diary once a week.
- The focus in ERP is Geography and the students will be working hard on these projects in the coming weeks.
- The children are really enjoying listening to Paul Jennings stories and they are completing an English contract about his books.

I look forward to a rewarding term and seeing some wonderful work and improvement from the children.

Bernie Monaghan  
5/6 Teacher

# BODY CONFIDENT CHILDREN & TEENS

A FREE released information evening for PARENTS & CARERS supporting positive body image and healthy self-worth.

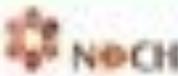
13 March 2019 / 7:30pm to 9:00pm  
NOCH Rooming / 24 Flourey Street

Free of charge!

- Hear from:
- Local health professionals
- Local sporting clubs and community leaders
- Inspiring young people who have overcome body image issues
- Inspiring young people who are living with eating disorders
- Inspiring young people

The information will be available:

Request at [www.noch.org.au](http://www.noch.org.au) addresses



NOCH is a not-for-profit organisation that provides information and support to rural communities. We are a member of the Murray Valley Health Centre and the Murray Regional Council. We are a proud member of the Murray Valley Health Centre and the Murray Regional Council.

# LONG DAY CARE FOR BARHAM AND KOONDROOK

Barham Preschool Committee are looking at the addition of an Early Learning and Long Day Care service. Come along and hear about the exciting possibilities and to register your interest at the information night.

**INFORMATION NIGHT:**  
**MONDAY 25th FEBRUARY**  
**7:30pm @ BARHAM PRESCHOOL**

**ENQUIRIES:**  
Katrina: 0428 475 442  
Ainsley: 0427 052 346  
Sally: 0458 777 688  
Jenny: 0427 481 183





## Making Smart Devices Safe for Kids

It can be tricky keeping up with all the latest technology our kids are exposed to and even trickier to ensure our kids are safe while using them. This easy to follow guide helps you to set your devices up safely for your kids to use for some of the most commonly used devices.



[www.noch.org.au](http://www.noch.org.au)

## 26<sup>th</sup> Cohuna Bridge to Bridge Sunday, March 3



Wade / Run / Walk

Starts from King George Square, Cohuna, Victoria

- Murray's Wild Miles
- Aitken 4.5km Run/Walk
- Cohuna Waterfront Holiday Park 11.5km Trail Run
- Cohuna Lake (Wentwood) 11.5km Trail Run
- Rapara (Dry) Australia 4.5km Senior Cycle
- Dismantling Three 25km Cycle
- Laxton Sailer Fly 26km Cycle



Organized by  
Murray Valley  
Health Centre



[www.bridge2bridge.org](http://www.bridge2bridge.org) for full details and to enter

COHUNA BRIDGE2BRIDGE 2018 will take place on Sunday, March 3 2018 at 11:00am. On day entries close 3 hours before event start time. Contact us: [cohuna@bridge2bridge@gmail.com](mailto:cohuna@bridge2bridge@gmail.com)

### CONTACT:

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Murray Parade Koondrook,  
PO Box 8, Koondrook, 3580

Phone - 03 54532428  
Fax - 03 54531147

Website: [koondrookps.vic.edu.au](http://koondrookps.vic.edu.au)  
E-mail: [koondrook.ps@edumail.vic.gov.au](mailto:koondrook.ps@edumail.vic.gov.au)



Royal Flying Doctor Service  
VICTORIA

# Flying Doctor Dental Clinic



## The Flying Doctor Dental team is returning to Koondrook Primary School Thursday 28th February 2019

The Flying Doctor Dental team will be visiting Koondrook Primary School on Thursday 28th of February to provide:

- **FREE dental check-ups**
- **Education about healthy teeth and gums**

If you would like your child to have a dental check-up, please complete this consent form and return it to your child's school. After your child's check-up, the dental team will send home a report. If your child requires follow-up treatment this will be in the report.

The Flying Doctor Dental team will have a clinic in Koondrook in April 2019. If follow-up treatment is required, your child can have their treatment at no cost on our clinic. Alternatively, you can visit your nearest public or private practice.

Who can receive free treatment in the Flying Doctor Dental Clinic:

- All children 0 – 12 years
- All young people 13 – 17 years
- Adults aged 18 years and over, who have a Health Care or Pensioner Concession card or are dependents of concession card holders
- All Aboriginal and Torres Strait Islanders
- All refugees and asylum seekers

For more information or to book an appointment at our clinic for yourself or other family members, please contact **Flying Doctor Dental Team on (03) 8412 0444**.



Royal Flying Doctor Service  
VICTORIA

# Flying Doctor Dental Clinic



## What to Expect on the Day Flying Doctor Dental - School visit

<b>Who</b>	Who from the RFDS should we expect on the day?	<ul style="list-style-type: none"> <li>- A Dentist or Oral Health Therapist</li> <li>- Dental or Oral Health Therapy students</li> <li>- An Oral Health Educator</li> <li>- Program support staff</li> </ul>
<b>What</b>	What will be occurring on the day?	<ul style="list-style-type: none"> <li>- Limited dental examinations for your students. A limited exam is a quick dental check-up, and allows the team to assess if treatment is necessary.</li> <li>- Class based oral health education sessions</li> </ul>
<b>When</b>	When will you be arriving?	<ul style="list-style-type: none"> <li>- Our arrival time will be arranged with your school contact person</li> </ul>
<b>Where</b>	Where would you like to set up?	<ul style="list-style-type: none"> <li>- All we require to complete the limited exams is a quiet room that is able to fit two portable dental chairs and up to four staff.</li> <li>- Our Oral Health Educator is able to move from class to class, or can stay in one room if you would prefer each class to come to a central location.</li> </ul>
<b>How</b>	How does the day run?	<ul style="list-style-type: none"> <li>- When we arrive at school, we ask that there is a class list available, or all the consent forms are in class order.</li> <li>- Students can be sent from their class in groups of 3 - 4 for their limited dental exams</li> <li>- Limited exams are either completed by the dental/oral health students under the supervision of the treating clinician, or by the clinician themselves.</li> <li>- The Oral Health Educator completes group based oral health lessons which run for approximately 15 minutes per session.</li> </ul>

## Flying Doctor School Dental Program Check-up Consent Form

The Flying Doctor Dental team will be visiting your child's school to provide FREE dental check-ups and education about healthy teeth and gums. Please be aware that this dental check-up is a basic evaluation and does not take the place of a full comprehensive dental examination. If you would like your child to have a dental check-up, please complete this consent form and return it to your child's school.

After your child's check-up, the dental team will send home a report. If your child requires follow-up treatment we will state this in the report. Our mobile public clinic will be in town shortly after and your child can have their treatment completed at no cost, or you can visit your nearest public or private practice. If you require any further information please contact Flying Doctor Dental Team on (03) 8412 0444 or dental@rfdsvic.com.au.

### Child's Details

School: \_\_\_\_\_

Grade: \_\_\_\_\_ Class/room: \_\_\_\_\_

Surname: \_\_\_\_\_ First Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Male  Female  Intersex  Other

Address: \_\_\_\_\_ Postcode: \_\_\_\_\_

Phone number: \_\_\_\_\_ Mobile: \_\_\_\_\_

### Consent

I, \_\_\_\_\_ being the Mother/Father/legal guardian (please circle)

of \_\_\_\_\_ (child's name) give my consent for the following:

- |  |                                 |                                |
|--|---------------------------------|--------------------------------|
| 1. My child's teeth to be examined by the Flying Doctor Dental team. I give permission for the dental team to contact me, to help coordinate my child's follow up care, if needed. | Yes<br><input type="checkbox"/> | No<br><input type="checkbox"/> |
| 2. My child's photo taken during the dental visit for promotional purposes of the Flying Doctor Dental Program.  | Yes<br><input type="checkbox"/> | No<br><input type="checkbox"/> |

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Please note: Your child can still have their teeth checked even if you have ticked 'no' to item 2. If you have provided consent for your child to be examined please complete the second page.

*RFDS Vic. complies with all Commonwealth and State privacy legislation. A copy of our Privacy Policy is available on the RFDS Vic. website [www.flyingdoctor.org.au](http://www.flyingdoctor.org.au).*

## Medical History

Does your child have any allergies (e.g. latex, food colourings)? Yes  No

Does your child have any physical/sensory/intellectual disabilities? Yes  No

Does your child have any medical conditions? Yes  No

If yes to any of the above, please provide more information below

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When was your child's last visit to the dentist? \_\_\_\_\_

## Emergency Contact Details

Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Relationship to child: \_\_\_\_\_

## Additional Information

Child's country of birth: \_\_\_\_\_

Language(s) spoken at home: \_\_\_\_\_ Interpreter required? Yes / No

Does your child identify as Aboriginal or Torres Strait Islander?

Aboriginal  Torres Strait Islander  Both  Neither

Health Care Card Number (if applicable): \_\_\_\_\_ Expiry: \_\_\_\_\_

Do you have other children attending this school? Yes  No

Child's name: \_\_\_\_\_

Child's name: \_\_\_\_\_

Child's name: \_\_\_\_\_

Child's name: \_\_\_\_\_

\*Please fill out a separate form for each child



Royal Flying Doctor Service  
VICTORIA

# Flying Doctor Dental Clinic



## What to expect from the Flying Doctor Dental Clinic – School Team FAQ's for Families

### 1. What is the Flying Doctor Dental Clinic?

As well as the outback emergency aeromedical retrieval the Royal Flying Doctor Service (RFDS) is most commonly known for, RFDS Victoria also provides a range of primary health services, like dental, to remote and rural Victorians. The Flying Doctor Dental Clinic conducts dental exams and treatments in regional and rural towns throughout Victoria. RFDS Victoria brings the Flying Doctor Dental Clinic to rural communities in partnership with Dental Health Services Victoria and the Australian Dental Association Victorian Branch.

The Flying Doctor Dental Clinic school team provide limited dental exams in schools and pre-schools. A limited exam is a quick dental check-up, and allows the team to see if treatment is needed.

### 2. Why is the Flying Doctor Dental Clinic providing limited dental exams at my child's school?

In rural and regional areas, limited water fluoridation and lack of access to local dental services can lead to people having poorer oral health compared with those living in city areas. Good oral health is an important part of making sure you have good overall health. Issues of the mouth and teeth can lead to many health problems such as tooth decay, gingivitis and more.

### 3. What is a limited dental exam?

A limited exam is a quick dental check-up. We use a sterilised exam kit including a mirror and dental probe. For the younger students we often call this a 'tooth counter' (and for the very young ones, we might just use the mirror). Limited dental exams should not cause any pain and no treatment happens at school.

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# Flying Doctor Dental Clinic



#### **4. How can I help my child prepare for the dental check-up in school?**

Let them know what will be happening. The check-up at school is just a quick exam. Your child will usually only be in the dental chair for 3-5 minutes. They will also come home with a flyer telling you what happened, a toothbrush and a sticker.

#### **5. Can I come in to the appointment when the Flying Doctor dental team are seeing my child at school?**

You are more than welcome to come if you would like to see what happens, or if your child would feel more comfortable with this. However, it isn't necessary for you to come to the school visit. This is just a limited check-up and no treatment happens at school. We will contact you if there is any treatment that your child may need. You can then decide if you would like to book an appointment with the Flying Doctor Dental Clinic, or take your child to their regular dentist.

#### **6. Why do I need to complete a consent form and give so many personal details?**

Filling out the consent form lets us know you are happy for us to see your child when you are not there. We also use this information to call you if your child needs a full dental check-up or treatment. All your personal information is confidential and only staff who need to see this have access to it.

#### **7. My child sees a dentist regularly, why should they see you at school too?**

Issues in children's teeth can progress very quickly (faster than in adults). The Flying Doctor check-up at school is to see if there are any obvious reasons your child needs to see a dentist. Even if your child sees a regular dentist, it is still beneficial to have a check-up at school.



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VICTORIA

# Flying Doctor Dental Clinic



## **8. What is the difference between my child seeing you at school, and coming to the Flying Doctor Dental Clinic truck?**

When your child sees us at school they are having a limited dental check-up. If they are seen in the clinic truck they are having a full dental examination. The limited dental exam at school is to see if there are any obvious reasons to see a dentist; we then contact you and let you know if a full dental exam or treatment is needed. A full dental exam can include things like X-rays, if the dentist thinks this is needed. You are still able to book in to see the Flying Doctor Dental Clinic truck, even if your child has seen us at school.

## **9. My child requires a full dental exam or treatment; how do I organise this?**

Your child will come home with a 'Post check-up' flyer which will let you know if they need a full dental exam or treatment. Please call us on the phone number that is on the flyer: (03) 8412 0444. We also contact all families of those who need a full exam or treatment. There is no obligation to have treatment at the Flying Doctor Dental Clinic truck and you are welcome to go to your regular dentist. In fact, if you already see a local dentist, we suggest you continue with them.

## **10. I know my child is going to need braces; can they get these in the clinic truck?**

Braces aren't something that our clinic truck can provide. Braces fall under specialist orthodontic dentistry and we don't have these facilities. If your child requires braces, follow the recommendations of the dentist who you spoke with about this. You can also google local Orthodontists in your region and contact them directly for advice. The Flying Doctor Dental Clinic team are able to write a letter to a specialist for orthodontic treatment if they deem this necessary.



Royal Flying Doctor Service  
VICTORIA

# Flying Doctor Dental Clinic



**11. My child has braces and they see an Orthodontist regularly; should they still come and see the Dentist?**

Yes. Seeing an Orthodontist doesn't replace the need for regular general dental exams. In fact, your child needs to be even more careful with their oral health at this time. It is important to have regular dental exams as well as orthodontic reviews.

**12. Does it cost anything for my child to see you at school?**

No. The Flying Doctor Dental Clinic is provided with government funding, and there is no cost to you or the school.

**13. Does it cost anything if my child needs to see you for treatment in the clinic truck?**

No. The government funding we receive also covers treatment in our clinic truck.

**14. My child is 18 years old, can they still see you?**

Yes. All students at the schools the Flying Doctor Dental Clinic visit can have a check-up at school and treatment in the clinic truck (even if they don't have a healthcare or pension card).

**15. My child has a latex allergy, do any of your dental products or equipment contain latex?**

Our dentists use latex-free gloves. Please also list any allergies that your child has on the Flying Doctor Dental Clinic consent form.