



KPS: Where the pursuit of excellence is encouraged

Koondrook Primary School

March 1st, 2017

Issue no: 5

Principal's Report

Mallee Zone Swimming Congratulations

On Monday Charli, Montanna, Pyper and Maddie W travelled to Swan Hill to represent the school at the Mallee Zone Swimming Sports. Charli swam in the Butterfly and placed 3rd. Montanna competed in Breaststroke coming 4th overall and Freestyle in the relay coming 3rd. Pyper swam in Breaststroke coming 4th in the heat and 7th in the final. She also filled in with the Freestyle relay and came 4th. Maddie W competed in the Freestyle relay coming 4th. Congratulations to all the girls for their efforts and sportsmanship.

Parent Teacher Interviews

Over three days next week we will be conducting parent teacher interviews. Times have been sent home. If you need to reschedule please see you class teacher.

School Captains and Leadership

Last Friday the leadership team were presented with their badges at the school assembly. We wish the students well in their roles this year. Student leadership meetings will be scheduled during lunchtime with the first one taking place today. These meetings will be a time for the students to discuss issues and organise student activities with the support of staff.

Music

I would like to welcome Mrs Angie Jones to Koondrook Primary. Mrs Jones will be with us on a Wednesday taking music lessons with each of the classes. Mr Winbanks has been very generous by lending us some of his music equipment for use in our music lessons.

MATES ROYAL HOTEL RAFFLE

DATE:
 March 24th ---
 April 28th ---
 June 2nd ---

FAMILIES:
 Azzopardi/Carter/
 Hall (Ch)/Hall (B)
 Wright (T)/Lake/
 Walle
 Bell/Snowdon/
 Cruse/Stokes

Dates to remember

Term Dates 2017

- Term 1 ~ January 31st – March 31st
- Term 2 ~ April 18th – June 30th
- Term 3 ~ July 17th – September 22nd
- Term 4 ~ October 9th – December 22nd

Public Holidays 2017

- March 13th – Labour Day
- April 25th – ANZAC Day

School Dates To Remember

- March 7th ~ 9th – Parent Teacher Interviews
- March 20th - 22nd – Year 5/6 Cluster Camp
- March 31st – End Term 1
- April 18th – Term 2 Starts
- April 21st – Fun Run

Assembly Dates:

- March 10th – P/1 Hosting
- March 24th – 4/5/6 Hosting
- April 28th – 2/3 Hosting

Grades 3 to 6 ERP Focus is GEOGRAPHY

Attendance / Unexplained

Absences

I would like to remind parents to please advise KPS when their child is away as it is a DET audit requirement that we are aware of all students' movements during the school day.

Absence notifications can be in writing, using one of the absence notes attached, via text or by phone.

Week 5 - Be Prepared

Make it family policy to always have a piece of active equipment on hand, rather than relying on technology such as smart phones to keep them entertained. Keep balls, bats, kites, frisbees or skateboards in the car or your handbag (try a tennis ball!) so they get used to exercising in their free time.

Amanda Bradford

EVERY
DAY
COUNTS

move.
more often



Asthma
Australia

Back to school asthma

Every year there is a well-documented rise in asthma flare-ups when children return to school after the Christmas break. This results in a significant increase in Emergency Department visits, hospitalisations and days off school. Not only is this unsettling for your child as they start a new year at school, but often it impacts on time off work for the parents/carers also.

Why do asthma flare-ups happen at this time?

This pattern is consistent with international studies after the long summer school holiday break in other countries too. Our asthma experts tell us that major factors include,

- When children's asthma is well controlled in summer, sometimes preventer medicines are not taken daily as prescribed
- Children mix with others and there is an inevitable spreading of viruses

Are you 'ASTHMA READY' for school?

Help your child stay happy and healthy this school year.

What you can do

The good news is that you can take action to reduce the chances of this happening for your child. Asthma Australia has prepared a checklist for parents to download and follow. A copy is attached to this newsletter.

Be ASTHMA READY

- If your child is on preventer medication, make sure they are taking this as prescribed
- Use the checklist to develop a partnership with the key staff at your child's school to share responsibility for their asthma care





Kids Eye

Welcome to this weeks Kids Eye.

A lot of things have happened over the week, the kids started to do on demand testing and footy has started again. The F/1 class has a mud kitchen and everyone is enjoying it.

Music is starting back up and the new teacher is called Mrs. Jones.

Grade 2/3 have been measuring and have started a new book called Toad Rage, all of the 2/3's are enjoying the book so far.

A lot of the plants in the veggie garden have been ready to be picked. We have picked eggplant, zucchini and potatoes. The 2 cooking groups have made chocolate cup cakes and zucchini fritters with quail eggs.

By James C and Rainni

MACC News - Term 1

How exciting to be back at school and welcome to all the new students for 2017. I am enjoying getting to know you all. Students will need a smock for Art to protect their clothing from paints, glues and other messy materials. During the first term we will be working on drawing skills. We will be looking at and talking about The Body in Art. During the next 4 weeks students will draw the body showing movement, study hands, draw a cartoon person and further their skills in portrait drawing. These topics are based on student goals set during the first two weeks of school. Students have already created a group work showing the colour spectrum using primary and secondary colours to complete mini self-portraits. The last week of Term 1 will be spent doing an Easter activity.

Ms Sally Bentley
Murray Plains MACC
Art Teacher

Book Club

Book Club orders are due back before Thursday 16th March.

Cooking

When the garden gives you zucchinis and you have quail eggs what do you make?



Zucchini nests of course!



Not much left!

Prep/One News

This week we had our first go at using Reading Eggs for the year. Reading Eggs is a literacy-based program, which can be used on iPads or a Computer and we encourage students to use this program at home.

Some responses from children after using Reading Eggs:

'I liked putting the letters on the train' - Eddie

'It was the first time I have done it' - Gypsy

'I play it at home' - Paddy



All students have their login details stuck in the front of their reading log (yellow book). The Grade 1 students did a fantastic job helping the Prep students log in to the program and we encourage parents to help with this process at the beginning of the year.

This is the App to look for if you are downloading it or the web address is <http://readingeggs.com.au>



Kate Donehue & Sophie Lake



Parents Club



We would firstly like to thank all of the families who have returned their cake stall form. We are very pleased with the variety of food and effort from all families. If you haven't returned your form could you please do so by the end of the week?

The Parents club is set up to help with fundraising, so that we can purchase items that will help our kids grow and develop at school. Two people cannot do this alone. In order to make our fundraising successful we need the help of more parents.

If you are willing to help please contact Meghan or Romy or let someone at the school know.

Finally we are starting up a 5c drive. Each classroom will have a jar placed in it and throughout the year we ask that the children bring in any spare 5c pieces. The jars can be used in class to help support learning with all money collected at the end of the year being banked into our fundraising account.

Thank you
Meghan & Romy

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**Koondrook Primary School
Absence Note**

Student Name.....

Date of Absence.....

Reason for Absence (please tick)

- illness
- family reasons
- medical appointment
- holiday
- other(reason)

Signed:.....
(Parent/Guardian)

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Back to school asthma checklist

Asthma
Australia



1. ASTHMA ACTION PLAN

See a doctor for a signed Asthma Action Plan or Care Plan. Most schools require an up-to-date plan for each student with asthma at the start of the new school year.

Evidence tells us that using an Asthma Action Plan can help to reduce hospitalisations, improve lung function and reduce the number of days off school.

While with the doctor, why not combine this with a check-up for your child's asthma, including a check on their device technique.

2. RELIEVER MEDICATION

Check with the school about their medication policy and work with the staff to find the best way to manage your child's asthma medication, including before physical activity (where applicable).

- **Medication and devices are clearly labelled with your child's name**
- **Medication is in date and with sufficient medication remaining**

3. TALK TO SCHOOL STAFF

Make time to talk with the class teacher and the school nurse (where applicable) about your child's asthma, their Asthma Plan and their usual triggers, symptoms and medication.

Also talk to your child's sport coaches and supervisors of other school activities. Don't forget to keep staff up-to-date with any change to your child's asthma management.

Use this valuable time to:

- Go over your child's Asthma Plan
- Discuss the signs of asthma for your child
- Show them your child's asthma medication and demonstrate how to use it
- Talk about the extent to which your child can self-manage their asthma
- Provide details of how to contact you when:
 - They have asthma symptoms
 - They use a reliever medication at school

Proud partner of Asthma Australia. teachershealth.com.au



LEARN MORE ABOUT ASTHMA.

Contact your local Asthma Foundation **1800 ASTHMA** Helpline (1800 278 462) or visit www.asthmaaustralia.org.au